



## Family Center Virtual Parent Committee Minutes

September 17th, 2020

**Members in attendance:** Kay McGrane, Stormie Mallory, Jessie Grieves, Ana Maria Acevedo

**Staff in attendance:** Suzy Walker-Cortez, Amanda Andresen, Lindsey Markle, Sarah Klunk, Kim Severns

**Make-it-Take-It:** Miss Suzy discussed Conscious Discipline and how we use it at school. Parent were provided breathing cards that they could use in multiple ways. While Suzy discussed what each breathing technique was, Ms. Sarah demonstrated how to them.

**Minutes:** Miss Suzy started the Zoom meeting at 5:30. We went around virtually and introduced who we were. Miss Suzy went over the Rights and Responsibilities of Head Start Parents and Parent Committee Officers. Miss Amanda talked about the Parent Committee Etiquette. We will vote on officers next month and April Robinson will be our Policy Council Rep. We discussed different parent driven activities that could be allowed while still following COVID-19 restrictions. Ms. Suzy discussed Ready Rosie and the benefits of using it. Parents wanted to keep meetings on Thursday at 5:30pm. Miss Suzy asked for ideas for guest speakers or make it take its and parents will let teachers or her know of ideas.

### **Classroom Update:**

**-Sarah/Alexus:** They are working on social and emotional, Counting, and letter introductions. Sarah is really looking forward to starting the fall unit.

**-Tammy/Britney:** The children are making friends, working on social/ emotional skills, and starting to learn the rules. Look out for Ready Rosie they will be sending videos.

**-Jenny/Katherine:** Working a lot on rules, They will be starting to talk about apples next week, through out the unit they will try different ways to make apples.

**-Nikki/Haley:** They have been working on morning routines, counting, working on classroom rules. They have also started introducing feelings and social/emotional skills.

**-Peggy/Jackie:** Working on learning the rules, They have started working on deep breathing and calming your self down, They are starting to work on the children's ability to be able to retell a story.

**Upcoming Events:** Grandparents Day 9/25 Parents send in pictures of their child and grandparent

**Next Meeting Date:** October 15<sup>th</sup> @ 5:30pm

**Door Prize Winner:** Ana Maria Acevedo

**Meeting adjourned:** 6:10pm