



Pekin Parent Committee Minutes

Date October 22, 2020

Members in Attendance: Samantha Brasel, Lyda Magee, Joshua Crew, Kim Rybolt

Staff in Attendance: Kimberly Severns, Lindsey Markle

Breakfast: Casey's breakfast pizza, Dunkin Donut coffee

Minutes: Parent's introduced themselves and said who their child is, and which classroom they are in. Each parent was given a packet that included Parent Committee Papers, a resource brochure from Tazwood Community Services, A Make-it-take Conscious Discipline activity, a pop sock it and a Head Start stylist pen.

Kim went over the bullet points from rights as a Head Start Parent, Parent Committee Etiquette, and the Parent Committee Offices & Jobs. Ms. Lindsey explained Policy Council and the role it plays in Head Start. At this time no one volunteered to be a representative. We will vote again on it next month. Ms. Kim went over the brochure from Tazwood and explained who Tazwood is and what services they offer to our communities. One of our parents shared their recent experience with Tazewood and how helpful they were.

Parent decided they liked the meeting in the morning and voted to keep it that way for now. They like being able to drop their child off at school and come straight to the meeting.

We talked about Parent Activities and decided to table it until our next meeting. Ms. Kim asked everyone to think about an idea and at next month's meeting we will re-open the topic and do some research then decide. Parents talked about Christmas and what they would like to do for the children. They brainstormed some ideas and will make a final decision at next month's meeting.

Make It Take It: Ms. Kim introduced Conscious Discipline to our parents. She explained how we use it in the classroom and how the parents can use it at home. She explained how children sometimes respond better with visuals verses being verbally told. They made a set of breathing technique cards for their home. The parents cut out four breathing techniques: the balloon, the pretzel, the drain, and the star. She explained and showed them the methods of how and why we use them. We will be adding more Conscious Discipline activities throughout the year.

Classroom Updates:

All classrooms are working on Fall Activities. Apples, Pumpkins, and leaves. Counting and Patterning with these objects. They have been taking nature walks, carving pumpkins and some made homemade applesauce in their classrooms.

Each classroom was given a pumpkin to carve. Ms. Kim told the parents that the pumpkins will be on our Facebook page Oct. 30. She asked parents to vote for a pumpkin. The classroom with the most votes will win a prize.

Next Meeting Date: Thurs. Nov. 19, 2020 at 9:15 Weather Permitting outside in the Pavilion.

Door Prize Winner: Samantha Brasel

Breakfast next month: Spudnut Donuts and Coffee

Meeting Adjourned: 10:15